



**REFERRAL FORM**

- Please fax the completed referral to 705-653-0436.
- Our program will make two attempts to contact the client and if not successful a letter will be mailed to them. If they do not respond in 10 business days of the letter being sent, the file will be closed.
- Referrals to psychiatry must be completed by a Physician or Nurse Practitioner.

**REFERRING PROVIDER**

First Name: \_\_\_\_\_ Last Name \_\_\_\_\_ Billing Number: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Family Physician if different from Referring

First Name: \_\_\_\_\_ Last Name \_\_\_\_\_

**Patient Information**

First Name: \_\_\_\_\_ Last Name \_\_\_\_\_

DOB: \_\_\_\_\_ Health Card: \_\_\_\_\_ Version Code \_\_\_\_\_

Address: \_\_\_\_\_

Patient Phone: \_\_\_\_\_  Home  Cell  Work  Other

Alternate Phone \_\_\_\_\_  Home  Cell  Work  Other

**Service Requested**

Counselling & Treatment  
6-8 sessions to discuss emotional issues, and coping strategies with goal setting.

Case Management  
To stabilize and achieve goals to improve quality of life, advocacy, and service coordination

Early Psychosis Invention Program  
Offers assessment, treatment support and education, specifically for people ages 14- 35 who are experiencing the early stages of psychosis

Court Support  
Assistance to Individuals with Mental Health difficulties who have criminal charges that were laid in Northumberland County.

Psychiatric Consultation  Urgent  Elective  
Psychiatry consultation for diagnostic clarification, treatment recommendations and medication review. Follow up will be to the psychiatrist discretion.

Crisis Support  
Our Crisis worker is available Monday-Friday 8:30-4:00pm.

**REASON FOR REFERRAL**

Mental Illness Diagnosis: \_\_\_\_\_

**Contributing Factors**

**Please check any that apply to the patient**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Anger Control     | <input type="checkbox"/> Homeless                | <input type="checkbox"/> Loss of appetite          | <input type="checkbox"/> Loneliness                |
| <input type="checkbox"/> Decision Making   | <input type="checkbox"/> Trauma - Physical Abuse | <input type="checkbox"/> Suicidal thoughts         | <input type="checkbox"/> Loss of interest          |
| <input type="checkbox"/> Hoarding          | <input type="checkbox"/> Trauma - Sexual Abuse   | <input type="checkbox"/> Anxiety                   | <input type="checkbox"/> low energy/Low motivation |
| <input type="checkbox"/> Irritability      | <input type="checkbox"/> Trauma -Emotional Abuse | <input type="checkbox"/> Delusions                 | <input type="checkbox"/> Paranoia                  |
| <input type="checkbox"/> Loss/grieving     | <input type="checkbox"/> Trauma - other          | <input type="checkbox"/> Hallucinations (Auditory) | <input type="checkbox"/> poor concentration        |
| <input type="checkbox"/> Memory problems   | <input type="checkbox"/> Disorganized            | <input type="checkbox"/> Hallucinations (Smells)   | <input type="checkbox"/> Racing thoughts           |
| <input type="checkbox"/> Problem Solving   | <input type="checkbox"/> Disorganized Speech     | <input type="checkbox"/> Hallucinations (touch)    | <input type="checkbox"/> Substance Use             |
| <input type="checkbox"/> Sleep Disturbance | <input type="checkbox"/> Disorganized Thoughts   | <input type="checkbox"/> Hallucinations (visual)   | <input type="checkbox"/> Cries easily              |
| <input type="checkbox"/> Hopelessness      | <input type="checkbox"/> Sadness/depressed       | <input type="checkbox"/> Isolation                 | <input type="checkbox"/> Legal                     |

**Risk Assessment (If you checked yes to any below, please provide information)**

Suicidal Thoughts  Yes  No      Does the patient have a plan  Yes  No      Past Suicide Attempts  Yes  No

**Domestic Violence**

Yes  No

**Aggressive Behaviour**

Yes  No

**Current Criminal Charges**

Yes  No

**Current/Past Medication(s)/Dosage**